

Deb Rollison is a Licensed Graduate Professional Counselor in the state of Maryland and certified by the National Board of Certified Counselors. She has a Master's Degree in Pastoral Counseling from Loyola University Maryland. Having completed her course work for the Ph.D. in Pastoral Counseling at Loyola, she is beginning work on her dissertation.

Deb loves helping people at all stages of their journey explore ways to create greater insight and peace in their relationships with themselves, others, and God (their spiritual issues). She combines warmth, empathy, faith, deep respect, pragmatic optimism, and 24+ years experience helping people identify and create positive changes in their lives. Her gentle, person-centered stance helps create a safe and sacred space that invites clients to explore what matters most to them. In addition, Deb's extensive training in cognitive-behavioral, Motivational Interviewing, Adlerian, grief/loss, and existential theories and practices offer clients a range of ideas and strategies tailored to their needs and goals. A skilled trainer and career coach/counselor for over 16 years, she has helped dozens of job-seekers find work that honors their skills, passions, and sense of meaning and mission.

Deb has worked with a richly-diverse group of clients at a community hospital, a Christian community counseling center, a retirement community, and hospice/grief organizations caring for bereaved family members. Ranging in age from 7 – 90, her clients have explored with her their

issues and concerns, including loss and bereavement, fear of death, depression, anxiety, anger, addictions, career transition, faith, and meaning. She is grateful for the client who told her, "You made it safe for me here," but Deb knows there is always a "Third Person" in the sacred circle of counseling. She prays constantly to remain an open conduit to God's wisdom, grace, healing, and love in service to Him, her clients, her family, and her communities.

Deb is a member of the American Association of Pastoral Counselors, the American Association of Christian Counselors, the American Counseling Association, the Maryland Career Development Association, and the Association for Career Professionals International. She is certified to administer and interpret assessments that include the Myers-Briggs Type Indicator, the D-I-S-C career preferences assessment, and the NEO-PIR Five-Factor personality assessment. She has created and delivered numerous well-received short seminars on listening skills, time management, stress management, and career transition at local churches, a hospital, and for the Loyola community. Her work in and with the Federal government has included interpersonal and teambuilding skills; management, executive, and life coaching; and organizational development consulting.